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Endometriosis and infertility.

Endometriosis may impact your fertility by causing inflammatory changes within your pelvis. These changes create a 'hostile' environment for the egg, sperm and embryo. In severe cases, this inflammation can affect the uterus lining the endometrium. This in turn can affect the implantation of the embryo.

Research suggests that around 30 per cent of those undergoing IVF have endometriosis, and approximately 50% of those living with endometriosis are challenged by fertility.

Endometriosis Australia is committed to advocating for a respectful and understanding environment for those who suffer pregnancy loss and grief around unsuccessful cycles of IVF who have endometriosis/adenomyosis.

Decisions about the ART/IVF treatment options rely upon the provision of information to empower the patient. It is important the reproductive expectations of the woman are understood, and the likelihood of positive outcomes are explained. She also needs to understand how decisions about treatment - be it IVF or surgery - will likely affect her endometriosis journey as well.

Part of the support 'lifeboat' she needs is the family network, understanding of the employer and workmates, and this is dependent upon the resources available to her which she can share with her own 'stakeholders'.

Early endometriosis diagnosis and treatment can help stop the disease progressing and worsening your fertility prospects.