



# Newsletter

Together we can end endo.

[www.endometriosisaustralia.org](http://www.endometriosisaustralia.org)



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## Endometriosis Australia - May 2023

Welcome to the May edition of Endometriosis Australia's happenings and news.

**We are delighted to announce that Queensland Premier and Minister for the Olympic Games, the Hon. Anastacia Palaszczuk MP will be one of the speakers at our Brisbane High Tea on Saturday 24 June!** We welcome corporate tables, sponsors and #EndoWarriors and #EndoMates. More information below.

On behalf of Endometriosis Australia, I was privileged to attend the World Congress on Endometriosis in Edinburgh last week. I want to personally congratulate Professor Luk Rombauts, outgoing President of the World Endometriosis Society and a Member of our EA Clinical Advisory Committee, and his team for organising an extraordinary meeting of minds to share exciting research findings.

I am thrilled to share that **Sydney has been formally announced as the host of the 2025 World Congress on Endometriosis.** I'm excited to be appointed to the Organising Committee, led by our Endometriosis Australia Co-founder Professor Jason Abbott (UNSW) and Professor Gita Mishra, from The University of Queensland. Representing the Peak Body for Endometriosis in Australia, I will also be coordinating the World Endometriosis Organisations (WEO) sessions on patient centred care with its steering committee. More information below.

Also of interest is that our co-founder Donna Ciccia's Masters degree study on **INDIGENOUS PEOPLES' EXPERIENCE AND UNDERSTANDING OF MENSTRUAL HEALTH**, was shared at the Edinburgh Congress by Dr Cecilia Ng and we are pleased to acknowledge Aunty Kerry Doyle's guidance. **First nations people need and deserve better access to diagnosis, medical and allied services, mental health and support. Endometriosis Australia is developing a program to assist.**

We look forward to sharing our progress with the **Endometriosis Nurse Fund**, our **Workplace Assistance Program Endo@Work**, along with other initiatives under development to better support EndoWarriors through peer support, advocacy and education of health practitioners including GPs, allied and complementary health practitioners, and the wider multicultural community.

Our continuing investment in research aims to speed up diagnosis of endometriosis and its sister adenomyosis through less invasive methods, to learn about beneficial and cost-effective ways to manage symptoms, and ultimately, to find a cure for this life-defining disease.

We will be sharing our **Patient Participation Program** with you soon and inviting EndoWarriors to become formally involved in academic, medical, social and workplace research studies.

We also welcome your input from onset of symptoms, to testing, diagnosis and validation, through medical procedures, fertility challenges and ongoing management. As an 'Endo Mum' I also understand how challenging it be for the family, the workplace and the community as a whole. Endometriosis Australia is here to represent the needs of endometriosis sufferers through every age and stage.

If you would like to volunteer, please let us know.

**We do not receive Government funding and Endometriosis Australia relies upon donations for all of our work. Please support us to enable us to support you.**

**Maree Davenport**  
CEO Endometriosis Australia

**MAKE A LIFE-CHANGING DONATION TODAY**

## World Congress of Endometriosis



*Announcement for the 16th World Congress of Endometriosis in Sydney, Australia. Left to Right: EA CEO Maree Davenport, EA research grant recipient Dr Thomas Tapmeier (Monash), Prof Jason Abbott (UNSW co-chair) Professor Gita Mishra, from The University of Queensland (co-chair), Prof Luk Rombauts, President World Endometriosis Society, Dr Leesa Van Niekerk (EA CAC), Dr Cecilia Ng (UNSW), Prof Caroline Gargett (Monash and Hudson IMR).*

The organising committee includes:

- Endometriosis Australia Medical Director Anusch Yazdani

- Endometriosis Australia Chair of the Clinical Advisory Committee A/Prof Mike Armour from Western Sydney University
- Dr Rebecca Deans UNSW
- Subhadra Evans Deakin University
- Professor Caroline Ford UNSW
- Caroline Gargett Monash University and Hudson Institute of Medical Research
- Professor Roger Hart, from The University of Western Australia
- Endometriosis Australia Clinical Advisory Committee member Professor Louise Hull, University of Adelaide
- Dr Brett McKinnon, The University of Queensland
- Antonina Mikocka-Walus, Deakin University
- Dr Sally Mortlock, The University of Queensland
- Endometriosis Australia Clinical Advisory Committee member Dr Erin Nesbit-Hawes from UNSW
- Dr Cecilia Ng from UNSW
- Endometriosis Australia Clinical Advisory Committee member Professor Luk Rombauts from the University of Melbourne
- Professor Peter Rogers from the University of Melbourne

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## **Administrator of the Northern Territory Becomes New Endometriosis Australia Ambassador**

We are pleased to advise that His Honour Professor the Honourable Hugh Heggie PSM, Administrator of the Northern Territory, has become an Ambassador of Endometriosis Australia.

Prior to his current Appointment, His Honour was Chief Health Officer and Executive Director of Public Health and Clinical Excellence in the Northern Territory from 2016 to 2022. He has earned Full Academic Status as a Professor in the College of Medicine and Public Health with Flinders University, along with a Bachelor of Science (Pharmacology), a Bachelor of Medicine and Bachelor of Surgery (University of Melbourne). He also has a Graduate Diploma in Obstetrics and Gynaecology and a Graduate Certificate in Health Professional Education.

**We welcome His Honour's commitment to actively assisting with, and advocating for endometriosis sufferers and promoting reconciliation with, and the progression of, Australia's First Nations people.**

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**Brisbane High Tea - 24 June**



Join us in  
Brisbane!

ENDOMETRIOSIS  
AUSTRALIA

# high tea

Celebrate the  
resilience of  
Endo Warriors.  
Book today!



**SATURDAY 24th JUNE** **MARRIOT HOTEL BRISBANE**

Speaker Announcements for our Brisbane High Tea on 24 June:

-  Queensland Premier - Anastacia Palaszczuk
-  Endometriosis Australia Ambassador - Emily Seebohm OAM
-  Endometriosis Australia EndoChampion - Laura Furiosi
-  EmCee - Endometriosis Australia Ambassador - Ellie Angel-Mobbs

Together we'll enjoy a sparkling drink on arrival, inspiring speakers, delicious high tea, and exciting raffle prizes. Come along to help raise awareness for endometriosis. See you there!

[GET TICKETS](#)

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**Sign Up for Trek for Endo Scenic Rim**





*Pictured: The Trek for Endo participants from Scenic Rim 2022*

Not sure how to help EndoWarriors access the care and support they desperately need? Join us in Queensland in this September and, along the way, raise vital funds to help end the silence on endometriosis.

**Inspired Adventures is hosting another Trek for Endo in the stunning Scenic Rim and will support you throughout your training and fundraising efforts. This is not your average trek, meals are included and you will be staying in accommodation instead of camping.**

The funds raised on this adventure will enable EA to continue education programs to keep those with endometriosis connected and supported around the country. This is also an opportunity to share your endo journey with like-minded participants in a stunning natural environment.

Help us raise funds, gain friends, and enjoy the Scenic Rim in September 2023!

**The sale has been extended, save \$150 for a limited time only.**

**SIGN UP TODAY**

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**Check out our new website!**



# Endometriosis Australia

## Some Endo Facts

- ✓ Endometriosis affects 1 in 9 women, girls, and those assigned female at birth\*
- ✓ On average, it takes 6.5 years to be diagnosed with endometriosis
- ✓ There are over 830,000 EndoWarriors in Australia

[Donate now](#)[ABOUT  
ENDOMETRIOSIS](#)[RESEARCH](#)[RESOURCES](#)[SUPPORT US](#)[LIVING WITH  
ENDOMETRIOSIS](#)

Our website has been updated and we will soon be adding more resources to help those with endo. Follow us on social media to let us know what you think, and keep reading our newsletters for updates!

[VIEW THE NEW WEBSITE](#)

## Connecting with Endometriosis and Pelvic Pain Clinics





Endometriosis Australia CEO Maree Davenport visited The Garden Family Medical Clinic in Perth, WA to discuss how we can best support the new Endometriosis and Pelvic Pain Clinics.

We are working with the new Clinics Community of Practice Group, and EA looks forward to collaborating and providing resources as the clinics move from planning to seeing patients.

[VIEW THE FULL LIST ON OUR WEBSITE](#)

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**New Official Partnership**

# JNINE & CO



## NEW OFFICIAL PARTNER

Endometriosis can be particularly crippling for people at work, where support, awareness and access to the items which bring comfort and care are often missing, and too often we're forced to carry on with a brave face, and counting down the minutes until we can get home.

In recognition of this, we've partnered with Jnine & Co, a purpose-led organisation that provides businesses with period toolkits containing menstrual health and self-care products, designed to make it easier for workplaces to support their people who period.

[LEARN MORE](#)

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**Francesca Bracelets - New Design for 2023**





Since launching a new 2023 design on the 1st of March, Francesca has sold 660 bracelets. So far that's a donation of \$13,200! \$20 of every bracelet sold is donated to EA. Shop for yours today.

### **SHOP 2023 DESIGN**

### **Francesca founder on Living with Endo Podcast**

Podcast host Ellie Angel-Mobbs speaks to Rachel Vasicek, inspiring EndoWarrior and co-creator of Francesca, who shares how she is expanding awareness of endometriosis across Australia through fine jewellery.

### **LISTEN NOW**

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### **New Research Studies**



## DO YOU HAVE ENDOMETRIOSIS AND LIVE IN VICTORIA?

We are seeking adults who would like to test a novel intervention involving medicinal cannabis

In this study you will be assigned to one of three groups:

- Group 1 will receive cannabidiol (CBD) oil
- Group 2 will receive CBD oil + vapourised (i.e., inhaled) cannabis flower
- Group 3 will receive placebo oil

You will also complete several online questionnaires and provide updates on your health and symptoms via an app over **27 weeks**. If you:

- ✓ have endometriosis (confirmed either via laparoscopy, MRI or ultrasound)
- ✓ live in Victoria
- ✓ are 20 years of age or older
- ✓ presented to the emergency department for symptoms related to your endometriosis 2 or more times in the past 6 months

Please note that you will not be able to drive a car for up to 4 months while participating in the study. Your participation is voluntary, and you may stop at any time.

For more info or to express interest, visit [www.nicm.edu.au/endoCanned](http://www.nicm.edu.au/endoCanned) or contact us via [EndoCannED@deakin.edu.au](mailto:EndoCannED@deakin.edu.au) for any questions

Deakin University ethics approval reference: 2022-342

Curious about medical cannabis and endometriosis?

The 'EndoCannED' trial will look at whether prescribing medicinal cannabis instead of opioids can reduce emergency department presentations for people with endometriosis.

As well as analysing change to emergency department presentation rates, the study will examine participants' pelvic pain severity, general symptom severity, analgesic usage, fatigue, and health-related quality of life changes.

If you have a confirmed diagnosis of endometriosis, are aged 20 and over, live in Victoria, and have presented to an ED two or more times in the last 6 months for pelvic pain-related symptoms you may be eligible to participate.

**APPLY HERE**

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Endometriosis Australia's research fund has supported the CARE MDT study, a partnership with health experts and patient/consumer stakeholders. It will identify the unmet needs and priorities of those with a lived experience of endometriosis, leading to evidence-based design and implementation of multidisciplinary team (MDT) care.

**They are asking for your views on the establishment of a bespoke, multidisciplinary endometriosis clinic.**

From the Centre - "Thank you to the [Epworth Medical Foundation](#) and [Endometriosis Australia](#) for making this study possible."

**APPLY HERE**

**MAKE A LIFE-CHANGING DONATION TODAY**

**Endo Warriors be the change!**

The facts speak for themselves.



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To learn more about Endometriosis Australia, and the work we do, please visit our [website](#).  
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